

Please post until September 16, 2010.

# Arthritis Road Show

## September 11-16, 2010

Serving the communities along the Oregon Coast

The Arthritis Foundation is bringing free resources to the communities of the Oregon Coast! Hear from rheumatologists, orthopedic surgeons, and get a free osteoporosis bone density screening and interpretation.

### Presenting Rheumatologists

*Steve Overman, MD & Julie Carkin, MD*  
*The Seattle Arthritis Clinic, Northwest Hospital*

Learn about the most common rheumatic forms of arthritis, their treatment options, and ways to take control of your life. Presentation followed by a question and answer session.

### Presenting Orthopedic Surgeons

*Stephen Southerland, MD, FRCSC & Gregory Gramstad, MD*  
*Rebound Orthopedics, team physicians for the*  
*Portland Trailblazers and Portland Winter Hawks*

Learn about osteoarthritis and a whole range of treatments including joint replacements, physical therapy, and more. Presentation followed by a question and answer session.

### Free Bone Density Screenings

*Larry Crofts, Radiology Technician*

Find out if you have osteoporosis and what you can do to build stronger bones. Result interpretation provided by rheumatologists listed above.

#### Program Dates and Locations:

Saturday, September 11	<b>Astoria</b> - Holiday Inn Express
Sunday, September 12	<b>Tillamook</b> - Tillamook Bay Community College
Monday, September 13	<b>Lincoln City</b> - Lincoln City Community Center
Tuesday, September 14	<b>Florence</b> - Peace Harbor Hospital
Wednesday, September 15	<b>North Bend</b> - North Bend Community Center
Thursday, September 16	<b>Port Orford</b> - Port Orford Public Library

#### Program Schedule:

6:00 pm—Registration and Resource Information  
7:00 pm—Presentations and Q&A sessions

#### To RSVP, Please Contact:

Cynthia Bishop, Oregon Programs Coordinator  
Phone: (503) 245-5695 Toll Free: 1 (888) 845-5695  
Email: CBishop@arthritis.org



Sponsored by:



# Arthritis Road Show

## Serving Communities of the Oregon Coast

Join us September 11-16, 2010, as the Arthritis Foundation brings free medical and educational resources to your community. Come speak with a rheumatologist, orthopedic surgeon, and get a bone density screening.



Volunteers needed to support The Pfizer People's Coast Classic, benefiting the Arthritis Foundation. Please come out and support our efforts to serve your community by volunteering at our overnight locations: Garibaldi on 9/12, Lincoln City on 9/13, Yachats on 9/14, North Bend on 9/15, Port Orford on 9/16, and Brookings on 9/17. To volunteer, please contact [tee@arthritis.org](mailto:tee@arthritis.org).

Community Services  
Notice!  
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